



WINTER/SPRING | 2025

THE RIME JEWEL

THE OFFICIAL NEWSLETTER OF THE RIME BUDDHIST CENTER



39TH ANNUAL WORLD PEACE MEDITATION

DECEMBER 31, 2024 @ 6:00 AM

**ST. MARKS HOPE AND PEACE LUTHERAN CHURCH
3800 TROOST AVE, KANSAS CITY, MO 64109**

The 39th Annual World Peace Meditation, an interfaith gathering hosted by the Rime Buddhist Center, will be held at St. Marks Hope and Peace Lutheran Church on December 31st. The event is free and open to everyone, with doors opening at 5:30 AM for a 6:00 AM start.

The program will feature a rich tapestry of religious observances from diverse cultures and faith traditions. Members of the Greater Kansas City Interfaith Council will lead a collective prayer for peace, symbolizing unity and shared aspirations.

Attendees can expect a multi-sensory experience, beginning with the Muslim Adhan, a melodic "call to prayer", followed by Native American smudging rituals to cleanse and purify the space. Moments of quiet meditation will be interspersed with devotional music from the sufi tradition, creating an atmosphere of contemplation and reverence. The event will also feature the International Peace Light, a continuous flame originating in the grotto of Jesus' birth in Bethlehem. It is shared person to person throughout the world with a message of peace and friendship.

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"The sutras ask, where do the buddhas come from? And the answer in the sutras is, they come from ego. What does this mean? This means that realization comes from our ability to expand our sense of self-care and longing for happiness to include others. This is the business of a bodhisattva."
- Dzigar Kongtrul Rinpoche

BODHISATTVA AWARD MORE2

The prestigious Bodhisattva Award will be presented to the Metro Organization for Racial and Economic Equity, also known as MORE2. This esteemed organization, founded in 2004, stands as a beacon of social justice, advocating for and representing a diverse tapestry of faith traditions, cultural backgrounds, races, and economic circumstances.

Since its inception, MORE2 has experienced remarkable growth, expanding its network from an initial twelve congregations to an impressive thirty-two, along with a multitude of individual members. This diverse and dedicated community is united by a shared commitment to catalyzing transformative change within the Kansas City area. Their vision is to cultivate a community that not only embraces diversity in all its forms but also actively fosters equitable opportunities, empowering every individual to realize their full potential.



KEYNOTE ADDRESS - JUDY ANCEL

The Keynote address will be given by Judy Ancel. Judy Ancel directed the labor education program at UMKC from 1988 to 2017 when the program was terminated. As a labor educator she taught the skills of organizing and representing workers to union members and to UMKC students. Judy produces the Heartland Labor Forum, a weekly radio program and podcast on community radio KKFI Thursdays at 6pm central time or at kkfi.org. Since 1998 she has been president of the board of the Cross Border Network, a local nonprofit which advocates for the rights of immigrants here and an end to US imperialism in Latin America which is a major cause of forced migration. Judy is a founder and is Organizing Co-Chair of Kansas City Jobs with Justice.

MORE²
METRO ORGANIZATION FOR RACIAL AND ECONOMIC EQUITY

WHAT IS THE BODHISATTVA AWARD?

The Bodhisattva Award recognizes an individual or group in the Kansas City area who embodies the Bodhisattva ideals by working to alleviate suffering in the community through compassion, loving-kindness, and wisdom.

A Bodhisattva is a "spiritual warrior of enlightenment" or "awakening hero" who is committed to the well-being of all living beings. Driven by bodhicitta (awakened mind/heart), their goal is to achieve enlightenment for the benefit of all. One example is Avalokiteśvara, the Bodhisattva of compassion, who is portrayed as both male and female.

Holidays at the Rime Center



LOSAR

February 28, 2025

Losar means New Year in Tibetan. The word is composed of two characters: lo and sar. Lo means 'year' and sar means 'new'. It is the first day of the first month of the Tibetan lunar calendar.

[Read more about the days events.](#)

CHOTRUL DÜCHEN

March 14, 2025 starting at 6am

Chotrul Düchen, the 'Festival of Miracles is one of the the four Buddhist holidays. The Rime Center will be open during the day for you to come in and meditate at your own pace and time limit.

[Read more about the days events.](#)



Illuminations

A look back at the happenings at the Rime Center in Pictures



In August Ven. Tulku Yeshe Rinpoche returned to the Rime Center to give teachings on Green Tara and gave the Twenty-one Taras empowerment of the Suryagupta tradition.

Ven. Tulku Yeshe Rinpoche

Rime Yogis

Members of the Rime Center's yogi community led an Autumn Equinox Spirit Offering and Smoke puja during the Sunday Service in September.



Visiting Teacher

Khenpo Tshering Chopel gave a public talk on the Wisdom of the Three Higher Trainings at the Rime Center during the Sunday Service on November 17th. Khenpo Chopel teaches at Karuna Buddhist Center in Ann Arbor, MI.



Drepung Gomang

The Drepung Gomang Sacred Art Tour, which raises money to support over 2000 monks at the monastery, made a stop in Kansas City from December 8-11. The Rime Buddhist Center was honored to host the tour during their brief visit.

The Nelson-Atkins Museum hosted a Tsa Tsa making class for the Drepung Gomang monks. The class taught participants how to create these sculptures, which are traditionally made in Tibet for memorials and funeral rituals. Kimberly Masteller, the Jeanne McCray Beals Curator of South and Southeast Asian Art, gave participants a private tour of Buddhist Art before the class began.



Sacred Art Tour



Returned to Kansas City

The Drepung Gomang monks performed a fire puja, a potent ritual believed to remove obstacles, improve health, increase merit, and purify negative karma, before departing Kansas City on Wednesday. The ceremony uses specific substances offered to a fire to enhance meditation and spiritual growth.

Upcoming Events and Classes

The Rime Center's classes and events are available to EVERYONE. The classes have "Suggested Fees," however pay whatever you can afford for the class. Everyone is welcome! It is our hope that some will pay more to cover those who can't afford the usual fee. We simply want everyone to have access to these wonderful classes and events. All classes except the Meditation Workshop will be held online using Zoom.

SPECIAL EVENTS

Dec 31, 2024 1t 6am

39th Annual World Peace Meditation

January 4, 2025 at 9am

Half Day Green Tara Retreat

February 1, 2025 at 9am

Half Day Zen Meditation Retreat

February 16, 2025 at 10:30am

Refuge & Pratimoksha Vows

February 28, 2025

Tibetan New Year – Year of the Wood Snake

March 1, 2025 at 9am

Half Day Chenrezig Retreat

March 14, 2025 at 7pm

Chotrul Düchen, the 'Festival of Miracles'

March 23, 2025 at 10:30am

Spring Spirit Offering and Smoke Puja

April 5, 2025 at 9am

Half Day Green Tara Meditation

April 20, 2025 at 10:30am

Bodhisattva Vows

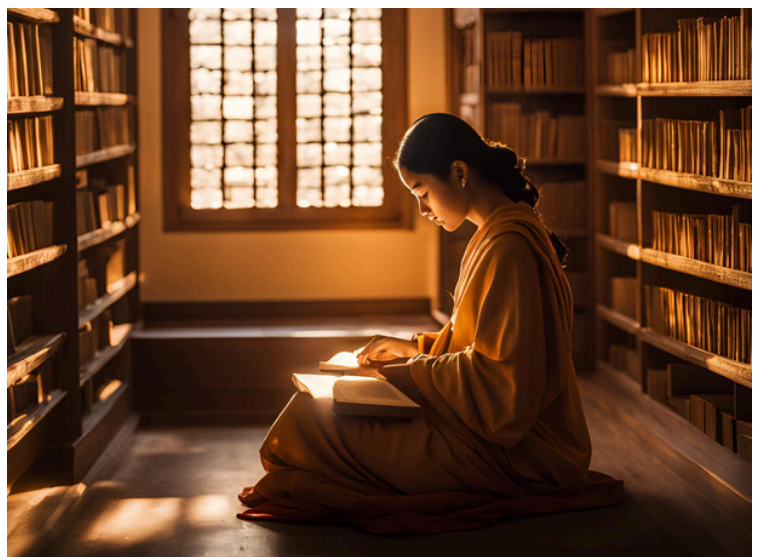
SUTRA STUDY SUNDAYS

Expand Your Understanding of Buddhist Scriptures

Delve into the profound teachings of Buddhism with our monthly exploration of the Sutras. Join us every first Sunday of the month immediately following the Sunday Service as we navigate the rich and extensive collection of Buddhist scriptures, encompassing both the Pali Canon, Chinese Ta-ts'ang Ching, and the Tibetan Kangyur.

Sutras, a term derived from the Pali word "sutta," meaning "something that was heard from someone else," typically refer to discourses or teachings attributed to the Buddha or other enlightened beings. These sacred texts contain a wealth of wisdom and guidance on the path to liberation, covering a wide range of topics such as ethics, meditation, philosophy, and the nature of reality.

Through our exploration of the Sutras, we will gain deeper insights into the core principles of Buddhism, cultivate mindfulness and compassion, and apply these teachings to our daily lives. Whether you are a seasoned practitioner or new to Buddhism, this program offers a valuable opportunity to expand your understanding of this ancient and profound spiritual tradition.

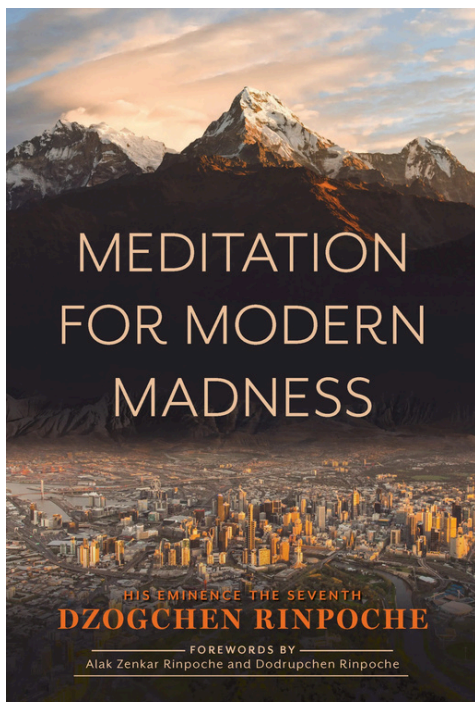


Upcoming Events and Classes

108 Day Bodhisattva Challenge

Join us for the 108 Day Bodhisattva Challenge at the Rime Buddhist Center! Deepen your practice, cultivate compassion, and discover how Dzogchen can transform your daily life into spiritual practice. All are welcome!

“The Tibetan word lojong literally means ‘mind training’ but the practice really has more to do with training our attitude, training us out of the habitual ways that we respond to situation that happen to us, especially adverse circumstances.”
– Jetsunma Tenzin Palmo



JANUARY 1, 2025

- 7:45 pm - 9:00 pm
- Kick off party for the 108 Day Bodhisattva Challenge is Sunday December 29, 2024 at 10:30am during the Sunday Service.



The main book that will be used for the challenge will be Meditation for Modern Madness by His Eminence the Seventh Dzogchen Rinpoche, Jigme Losel Wangpo.

Rinpoche shows us how our everyday lives can be turned into spiritual practice—not only to ease our stress, but to allow the true nature of our mind to reveal itself, right now, on the spot. The Dzogchen view is the highest view, the view from the top of the mountain. We need to build a platform that will hold the view, and Dzogchen Rinpoche provides the meditations and advice for living that will help you do just that. In turn, you’ll find true peace in a mind at rest.