



FALL | 2024

THE RIME JEWEL

THE OFFICIAL NEWSLETTER OF THE RIME BUDDHIST CENTER



EMBODYING TARA

CLASS BEGINS SEPTEMBER 4, 2024

Tara, the revered Goddess of Compassion, embodies the essence of kindness, understanding, and unconditional love. She dwells within each of us, ready to manifest in her twenty-one distinct forms, each representing a unique aspect of her divine qualities.

In this transformative class, participants will embark on a journey of self-discovery and empowerment as they explore Tara's multifaceted nature. Through guided meditation, mantra recitation, and book readings, the class will delve into the profound teachings of this enlightened being. Focusing on four of the twenty-one Taras, will allow participants to connect with their specific energies and attributes.

To deepen our understanding of Tara's compassion and wisdom, participants will draw inspiration from remarkable women and movements that exemplify her teachings in the modern world. Machig Labdron, a Tibetan yogini known for her radical approach to spirituality, embodies Tara's fearlessness and unwavering commitment to liberation. Malala Yousafzai, a Pakistani activist and Nobel Peace Prize laureate, reflects Tara's courage and unwavering dedication to education and equality. Jane Goodall, a renowned primatologist and environmentalist, embodies Tara's deep connection to nature and her compassionate advocacy for all living beings. And the Black Lives Matter movement represents Tara's unwavering commitment to justice and the dismantling of systemic oppression.

By exploring the intersections between Tara's teachings and these contemporary change-makers, participants will gain a deeper understanding of how her wisdom can be applied to the challenges and opportunities of our time. This class is open to anyone seeking to cultivate compassion, overcome fears, and live with greater wisdom and courage. Whether you attend in-person or online, you will be welcomed into a sacred space where transformation and healing can occur.

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*"Om! Homage to you, lady who protects us from the eight fears!
Homage to you, lady who blazes with the splendour of auspiciousness!
Homage to you, lady who closes the door to lower rebirth!
Homage to you, lady who leads us on the path to higher realms!
You are the one who holds us always in your care—our guide, support and friend;
So protect us still, we pray, with all of your vast compassion!"
- Prayer to Ārya Tārā by Atiśa Dīpaṅkara*

39TH ANNUAL WORLD PEACE MEDITATION

DECEMBER 31, 2024 AT 6:00 AM

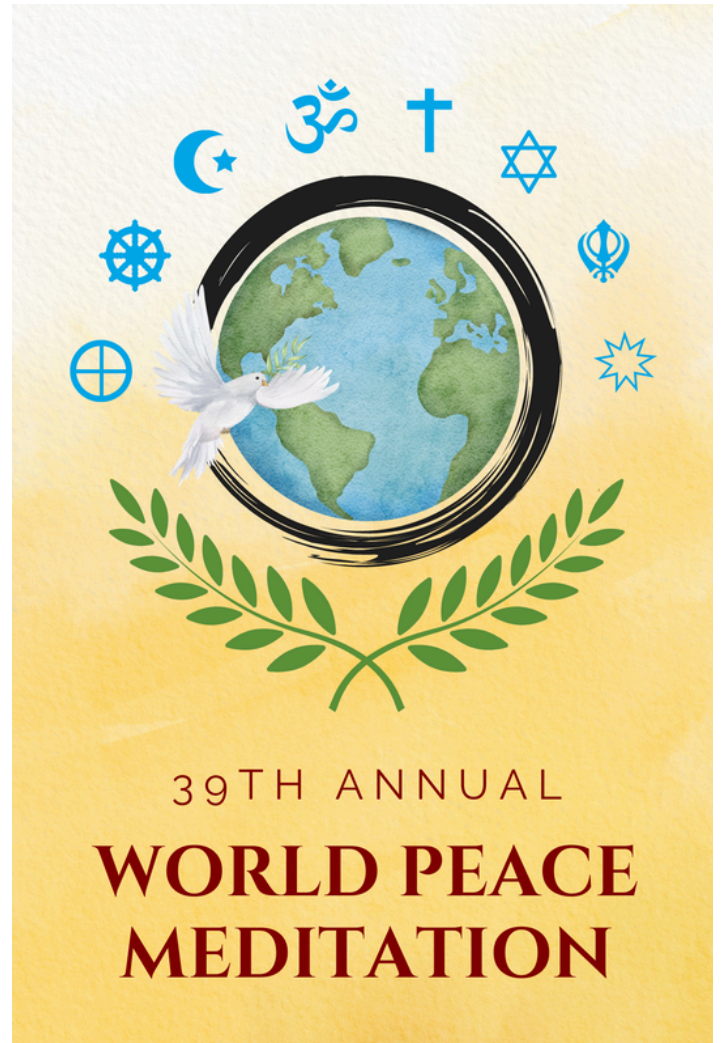
On December 31st, at 6:00 a.m. (with a suggested arrival time of 5:30 a.m.), the Rime Buddhist Center will hold its 39th Annual World Peace Meditation, an interfaith gathering. The program will feature religious observances representing various cultures and faith traditions. Attendees will witness Native American smudging, Tibetan Buddhist chanting and meditation, Sufi whirling, devotional music, and the Muslim "call to prayer." Representatives from the Greater Kansas City Interfaith Council will offer heartfelt prayers for peace, reflecting their respective faith traditions.

The event will be in-person at St. Marks Hope and Peace Lutheran Church. This event is free and open to everyone.

The History of the World Peace Meditation

On December 31, 1986, at noon Greenwich time, a historic event took place. Men, women, and children from across the globe gathered to embark on the most extensive prayer activity ever recorded. This planetary affirmation of peace, love, forgiveness, and understanding involved millions of people simultaneously connecting through a global mind link. The noble purpose of this gathering was to reverse the polarity of the negative force field within the collective consciousness, attain a critical mass of spiritual awareness, and initiate a new era of peace on Earth.

Fred Culver of the World Center For Global Community, based in Kansas City, initiated this tradition in 1986. Since then, it has been observed annually in Kansas City. The invitation extends beyond merely participating in global interconnection each December 31st. It encourages active communication of the concept, aiming to cultivate a sense of oneness that dissolves the illusion of separation and restores humanity to wholeness. This collective effort aims to bring sanity and balance back to our world.



At the event, one of the main attractions will be the presentation of the Bodhisattva Award. This prestigious award recognizes individuals or organizations in the Kansas City area who have made significant contributions to improving the community. The recipients embody the ideals of a Bodhisattva, dedicating themselves to alleviating the suffering of others through compassion, loving-kindness, and wisdom. Their selfless actions inspire hope and create a more harmonious and caring Kansas City community.

Holidays at the Rime Center



LHA BAB DÜCHEN

Nov 22, 2024 starting at 7:30am

Lha Bab Duchen, the 'Festival of the Descent from Heaven' is one of the the four Buddhist holidays. The Rime Center will be open during the day for you to come in and meditate at your own pace and time limit.

[Read more about the days events.](#)

BODHI DAY

December 8, 2024 at 10:30am

Bodhi Day is the Buddhist holiday that commemorates the day that Shakyamuni Buddha is said to have attained enlightenment, also known as bodhi in Sanskrit and Pali. Bodhi Day is observed in many mainstream Mahayana traditions.

[Read more about the days events.](#)



Illuminations

A look back at the happenings at the Rime Center in Pictures



Rime volunteers helped with the Rime Center's booth at this year's Kansas City Pride Festival. Pictured are Kate Melles and Daniel Scharpenburg.

KC Pride Fest

JuneteenthKC

Rime volunteers Toby Lofton and Alicia and Daniel Scharpenburg helping out at the Rime Center's booth at this year's JuneteenthKC 2024 Heritage Festival.



This summer the Rime Center has been meeting up to go on hikes throughout the metro area. Sangha members stop for a photo at the Parkville Nature Sanctuary. Jason Greer, Toby Lofton, Kate Melles, James Sharpenburg, Donna Bennett, Gabi Otto, Lama Matt, Acharya Yeshe Sergio, Julia Moreno-Denton, Daniel Scharpenburg, and Wendy Connelly

Sangha Hikes



Lama Lena

After a four year hiatus due to Covid and international travel, Lama Lena returned to Kansas City. She gave introductory teachings on Dzogchen. Many of her students also attended her teachings in Kansas City. It was also the Rime Center's first time live streaming teachings from a visiting teacher.

Ven. Tulku Yeshe Rinpoche returned to the Rime Buddhist Center to give the 21 Tara Empowerment and teachings. The Rime Buddhist Center will be hosting a class on the 21 Taras this fall.



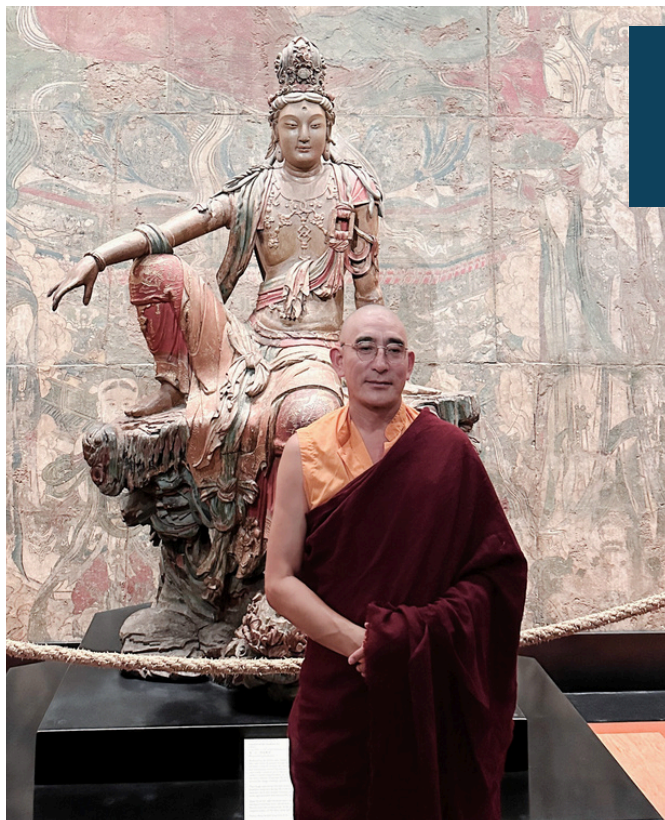
Ven. Tulku Yeshe Rinpoche



Congratulations Vajrayana Vows

During Ven. Tulku Yeshe Rinpoche's visit to Kansas City, several sangha members had the opportunity to take Vajrayana Vows. They have joined other sangha members who are practicing the path of the yogi and yogini. Pictured are Nicole Esquibel, Christy Markham, Andrea Duloc, and Daniel Scharpenburg.

Ven. Tulku Yeshi Rinpoche



Last year Ven. Tulku Yeshi Rinpoche helped to advise the curators at the Nelson-Atkins Museum of Art on the exhibit, Sonam Dolma Brauen, My Father's Death. While in Kansas City, Rinpoche stopped by the museum to see the exhibit and was given a surprise tour with Kimberly Masteller, the Jeanne McCray Beals Curator of South and Southeast Asian Art. Rinpoche is pictured in front of the world famous Guanyin of the Southern Sea.

Ven. Tulku Yeshi Rinpoche and Kim Masteller standing next to scrolls of mantras. Rinpoche was recorded chanting the mantras for the museum.



Visiting the Nelson-Atkins Museum of Art



Congratulations Acharya Yeshi Sergio

This Summer Acharya Yeshi Sergio was raised to the position of Acharya, Senior Dharma Teacher. This honor stemmed from their sustained service to the Rime Buddhist Center and unwavering commitment to the advancement of the Buddhist community within the KC area.

Upcoming Events and Classes

The Rime Center's classes and events are available to EVERYONE. The classes have "Suggested Fees," however pay whatever you can afford for the class. Everyone is welcome! It is our hope that some will pay more to cover those who can't afford the usual fee. We simply want everyone to have access to these wonderful classes and events. All classes except the Meditation Workshop will be held online using Zoom.



SUTRA STUDY SUNDAY GAYĀŚĪRṢA HILL

SEPTEMBER 1, 2024 @ 12:30PM

Join us as we explore the rich repository of Buddhist Sutras. Gayāśīrṣa Hill is a pithy Buddhist scripture that describes various aspects of Mahāyāna Buddhism.

[Read more...](#)



EMBODYING TARA

SEPTEMBER 4, 2024 @ 7:45PM

Integrate Tara's energy into daily life through readings, meditation, and mantras. Explore Tara's teachings through modern challenges. Open to those seeking compassion, courage, and wisdom.

[Read more...](#)



RIME SANGHA HIKE – LONGVIEW LAKE PARK

SEPTEMBER 14, 2024 @ 10AM

This is a very popular area, so you'll likely encounter other people while exploring. Dogs are welcome, but must be on a leash.

[Read more...](#)



PREPARING FOR THE REFUGE VOWS

SEPT 15, 2024 @ 12:30PM

This class is for anyone who is contemplating on taking the refuge vows. Taking the refuge vows is generally considered to be the doorway to the learning and incorporating the Buddhist tenets into one's life.

[Read more...](#)



THE FOUR IMMEASURABLES OCTOBER 2, 2024 @ 7:45PM

Join us for a transformative experience as we explore the teachings of loving-kindness, compassion, joy, and equanimity. This class will be in-person with an online option.

[Read more...](#)



HALF DAY GREEN TARA RETREAT OCTOBER 5, 2024 @ 9AM

Designed to be accessible for all levels of learning. The retreat will focus on the sadhana practice of Green Tara, which involves chanting the tantric liturgy, meditation, and chanting of mantras.

[Read more...](#)

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SUTRA STUDY SUNDAY AN ANALYSIS OF THE PATH OCTOBER 6, 2024 @ 12:30PM

Join us as we explore the rich repository of Buddhist Sutras. In the An Analysis of the Path Sutta, the Buddha Śākyamuni explains and defines the Eightfold Path. [Read more...](#)



RIME SANGHA HIKE TALLGRASS PRAIRIE NATIONAL RESERVE OCTOBER 12, 2024 @ 9AM

The Rime Sangha will conclude with a final hike at the Tallgrass Prairie National Preserve. It will be an all day outing since the park is about a two hour drive from Kansas City. [Read more...](#)



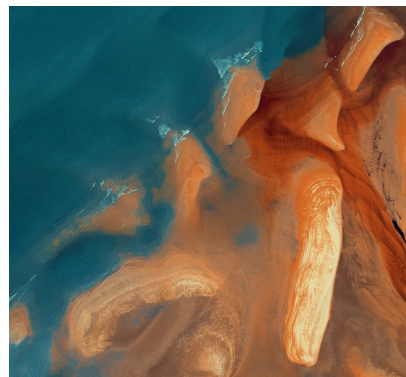
HALF DAY ZEN MEDITATION RETREAT NOVEMBER 2, 2024 @ 9AM

Join us for our Zen style retreat. The practice will consist of Zazen, seated meditation, and walking meditation. This event will be in-person and online. [Read more...](#)



SUTRA STUDY SUNDAY DISCOURSE ON THE NOT- SELF CHARACTERISTIC NOVEMBER 3, 2024 @ 12:30PM

Join us as we explore the rich repository of Buddhist Sutras. The Discourse on the Not-self Characteristic was the first of the Buddha's discourses during which his listeners became arahants. [Read more...](#)



INTRODUCTION TO THE PATH OF THE MAHAYANA NOVEMBER 6, 2024 @ 7:45PM

Come join us at the Rime Buddhist Center for an enlightening event where we will delve into the teachings of Mahayana Buddhism. Using Nāgārjuna's classic text Letter to a Friend, [Read more...](#)



LHA BAB DÜCHEN NOVEMBER 22, 2024 @ 6:30PM

Lha Bab Düchen is one of the Buddhist holidays celebrating the Buddha's decent from Tushita Heaven. The Rime Center will be open during the day for you to come in and meditate at your own pace and time limit. [Read more...](#)

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SUTRA STUDY SUNDAY
THE CITY BEGGAR WOMAN
DECEMBER 1, 2024 @ 12:30PM

Join us as we explore the rich repository of Buddhist Sutras. This sūtra tells of a beggar woman's modest lamp offering at a park in Śrāvastī, symbolizing her sincere desire for enlightenment. [Read more...](#)



39TH ANNUAL
WORLD PEACE MEDITATION
DECEMBER 31, 2024 @ 6AM

the Rime Buddhist Center will hold its 39th Annual World Peace Meditation, an interfaith event. The program will feature religious observances representing various cultures and faith traditions. [Read more...](#)



HALF DAY CHENREZIG
RETREAT
DECEMBER 7, 2024 @ 9AM

Designed to be accessible for all levels of learning. The retreat will also focus on the sadhana practice of Chenrezig, which involves chanting the tantric liturgy, meditation, and chanting of mantras. [Read more...](#)



BODHI DAY – ONLINE PUJA
DECEMBER 8, 2024 @ 10:30AM

The Rime Center will be hosting a special puja to commemorate Bodhi Day. It is the Buddhist holiday that commemorates the day that Shakyamuni Buddha is said to have attained enlightenment. [Read more...](#)

