



SPRING/SUMMER
2024

THE RIME JEWEL

THE OFFICIAL NEWSLETTER OF THE RIME BUDDHIST CENTER



LAMA LENA RETURNS TO THE RIME BUDDHIST CENTER

JULY 5-7, 2024

Get ready for an enlightening experience as Lama Lena makes her way back to Kansas City! Join us at St Mark Hope and Peace Lutheran Church ELCA for an unforgettable in-person event. Dive deep into spiritual teachings and find inner peace with Lama Lena's guidance. Don't miss this opportunity to connect with a renowned spiritual teacher right here in Kansas City!

Lama Lena is a highly accomplished yogini in the Dzogchen tradition who will deliver very clear and accurate teachings on Dzogchen. She is accessible, easy to relate to, open to questions, and willing to deal directly with many of the questions to which we are seeking answers. When she is not traveling, teaching, or translating, she works providing medical assistance to the Tibetan refugee community as well as the local Indian villagers and mountain tribespeople. At the request of H.E. Zigar Choktrul Rinpoche and Ven. Wangdor Rinpoche, as well as many Western and Tibetan dharma students, she has been traveling and teaching from the lineages she holds in an informal style that is humorous, artful, and well worth experiencing.

See the next page for how you can sponsor her visit!

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"As a fully enlightened female buddha, Tara is the actuality of compassion and wisdom, and meditating on her helps us awaken our own buddhanature." - Lama Palden Drolma

DISCOVER THE WISDOM OF GREEN TARA WITH TULKU YESHI RINPOCHE: A JOURNEY OF COMPASSION AND TRANSFORMATION

AUGUST 9-11, 2024

Come join us for an enlightening session of Green Tara Teachings with the esteemed Tulku Yeshe Rinpoche at St Mark Hope and Peace Lutheran Church ELCA. Dive deep into the teachings of Green Tara and discover Tara's wisdom and compassion. This in-person event is a rare opportunity to learn directly from a highly respected spiritual teacher Don't miss out on this chance to expand your spiritual knowledge and connect with like-minded individuals. See you there!

Tulku Yeshe Rinpoche is a Dzogchen master and the reincarnation of Dzogchen Gyalt-sab Thodo Rinpoche. He received Tibetan Buddhism teachings and traditional Tibetan medicine from forty-five masters representing all five schools of Tibetan Buddhism. Tulku Yeshe Rinpoche is a highly trained Lama with an authentic and powerful lineage. He gives teachings and empowerments extensively across North America as well as internationally. He is the author of Tibetan Zen, and his autobiography, A Modern Liberation Odyssey. Both are available now.

Rinpoche has written 14 books in Tibetan, ten of which have been published on the subject of Tibetan Buddhism, meditation, healing, and poetry. He has published three books in English: A Modern Liberation Odyssey—An Autobiography of a Tibetan Nomad Lama, Handbook for Half-Buddhas, and Tibetan Zen. Rinpoche has recorded 5 CD's, including Tibetan Chod. He also writes novels, poetry for mind training and on how to enjoy life.



PLEASE CONSIDER BECOMING A SPONSOR

The Rime Buddhist Center strives to be inclusive and to make visiting teacher events available to everyone, regardless of ability to pay. For as little as \$150 your sponsorship will ensure everyone can attend these wonderful teachings.

Our goal is to raise \$2000 for each visiting teacher event. This amount would cover the teacher's stipend, as well as, travel and food costs.

Holidays at the Rime Center



SAGA DAWA DÜCHEN

May 23, 2024 starting at 5:30am

Saga Dawa Duchen, the 'Festival of Vaishakha' is one of the the four Buddhist holidays. The Rime Center will be open during the day for you to come in and meditate at your own pace and time limit.

[Read more about the days events.](#)

CHÖKHOR DÜCHEN

July 9, 2023 at 7pm

Chökhör Düchen, the 'Festival of Turning the Wheel of Dharma' is one of the the four Buddhist holidays. The Rime Center will host a special puja to commemorate Chotrul Düchen beginning at 7:00 pm.

[Read more about the days events.](#)



Illuminations

A look back at the happenings at the Rime Center in Pictures



Rime member Bryan Boring Van Unen gave a holiday concert at the Rime Buddhist Center. It was a full house with Sangha members and fans of Barefoot Bran.

Rime Center's

Happenings

Lama Matthew gave the benediction at the MORE2 Public Meeting. The Rime Buddhist Center has partnered with MORE2 as part of our social justice committee work.



Over the Winter

Daniel Scharpenburg represented Buddhism at the SevenDay Kindness Fair. Pictured with Daniel is Rime Member Fanny Mandelberger. They both are radiating kindness!

Rime Center's

The Rime Center is so grateful to everyone who has helped make malas to be given away at this summer's 2024 Kansas City PrideFest and the JuneteenthKC 2024 Heritage Festival.

Pictured from left to right Kate Melles, Donna Bennett, Daniel Scharpenburg, Alicia Scharpenburg, Doris Botts, Vickie Cumberland, Tobi Lofton, and Kelten Barber



A highlight of spring is the opportunities for the Rime Sangha Hikes. Pictured from left to right: Daniel Scharpenburg, Kelten Barber, Donna Bennett, and Kate Melles.



Happenings

From Spring

The Rime Sangha Hikes are a great way to socialize in the outdoors with members of the Sangha and their friends and families.



Upcoming Events and Classes

The Rime Center's classes and events are available to EVERYONE. The classes have "Suggested Fees," however pay whatever you can afford for the class. Everyone is welcome! It is our hope that some will pay more to cover those who can't afford the usual fee. We simply want everyone to have access to these wonderful classes and events. All classes except the Meditation Workshop will be held online using Zoom. Visiting teachers will be in-person.



RIME SANGHA HIKE
SHAWNEE MISSION PARK
MAY 11, 2024 @ 10AM

The Rime Sangha will be meeting up at the Shawnee Mission Park for a hike through the park. We will be hiking the park's Violet and Red Trail.

[Read more...](#)



SAGA DAWA DÜCHEN
MAY 23, 2024 @ 5:30AM

Saga Dawa Duchen is one of the most important sacred Buddhist days. The Rime Center will be open during the day for you to come in and meditate at your own pace and time limit.

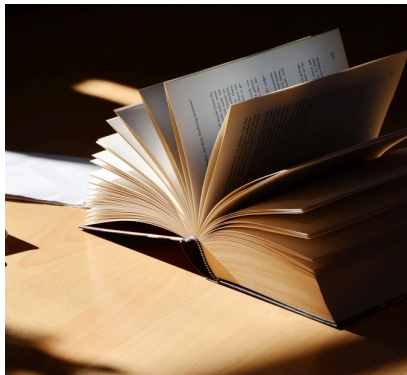
[Read more...](#)



HALF DAY CHENREZIG RETREAT
JUNE 1, 2024 @ 9AM

This is a wonderful practice to do for the benefit of all living beings. Chenrezig is the essence of the speech of all the buddhas and the incarnation of their compassion. Designed to be accessible for all levels of learning.

[Read more....](#)



SUTRA STUDY SUNDAY – THE
BODHISATTVAS' PRĀTIMOKṢA
JUNE 2, 2024 @ 12:30PM

Join us as we explore the rich repository of Buddhist Sutras. In the Accomplishment of the Bodhisattvas' Prātimokṣa, Ven. Śāriputra requests Buddha Śākyamuni to explain the conduct of bodhisattvas.

[Read more...](#)



RIME CENTER BOOTH AT
2024 KC PRIDEFEST
JUNE 7-9, 2024

The Rime Center will have a booth at this years 2024 Kansas City PrideFest. Stop by and say hi! We will have stickers and wristbands to hand out as well as information about Buddhism and the Rime Center.

[Read more...](#)



JUNETEENTHKC 2024
HERITAGE FESTIVAL
JUNE 15, 2024 @ 12-10PM

The Rime Center will have a booth at this years JuneteenthKC 2024 Heritage Festival. Stop by and say hi! We will have stickers and wristbands to hand out as well as information about Buddhism and the Rime Center.

[Read more...](#)

Upcoming Events and Classes

The Rime Center's classes and events are available to EVERYONE. The classes have "Suggested Fees," however pay whatever you can afford for the class. Everyone is welcome! It is our hope that some will pay more to cover those who can't afford the usual fee. We simply want everyone to have access to these wonderful classes and events. All classes except the Meditation Workshop will be held online using Zoom. Visiting teachers will be in-person.



FREE MEDITATION
WORKSHOP
JUNE 20, 2024 @ 7:30PM

Embark on a journey of self-discovery through the power of meditation. Immerse yourself in the tranquil embrace of inner peace and cultivating resilience within. [Read more...](#)



BASICS OF BUDDHISM
JUNE 26, 2024 @ 7:45PM

Have you always wanted to understand Buddhism? This 8 week course will cover the life of the Buddha, basic Buddhist teachings, as well as practical application of these principles in daily life. [Read more...](#)



PHILOSOPHICAL VIEWS OF
EMPTINESS PART I
JUNE 26, 2024 @ 7:45PM

Join us for an enlightening discussion on this fascinating topic. Dive into Buddhist thought and gain a deeper understanding of the concept of emptiness. [Read more...](#)



LAMA LENA
JULY 5-7, 2024

Get ready for an enlightening experience as Lama Lena makes her way back to Kansas City! Dive deep into spiritual teachings and find inner peace with Lama Lena's guidance. [Read more...](#)



CHÖKHOR DÜCHEN
JULY 9, 2024 @ 7PM

Chökhör Düchen, the 'Festival of Turning the Wheel of Dharma'. meditation. A special puja to commemorate Chökhör Düchen beginning at 7:00 pm. [Read more...](#)



RIME SANGHA HIKE
MARTHA LAFITE THOMPSON
NATURE SANCTUARY
JULY 13, 2024 @ 10AM

The Rime Sangha will be meeting up at the Martha Lafite Thompson Nature Sanctuary for a hike through the park. [Read more...](#)

Upcoming Events and Classes

The Rime Center's classes and events are available to EVERYONE. The classes have "Suggested Fees," however pay whatever you can afford for the class. Everyone is welcome! It is our hope that some will pay more to cover those who can't afford the usual fee. We simply want everyone to have access to these wonderful classes and events. All classes except the Meditation Workshop will be held online using Zoom. Visiting teachers will be in-person.



PHILOSOPHICAL VIEWS OF EMPTINESS PART 2 JULY 17, 2024 @ 7:45PM

Join us as we continue our enlightening discussion on this fascinating topic. Dive into Buddhist thought and gain a deeper understanding of the concept of emptiness.

[Read more...](#)



HALF DAY ZEN MEDITATION RETREAT AUGUST 3, 2024 @ 9AM

Join us for the Rime Center's Zen style retreat. We will follow the practice taught by visiting teacher, Karen Maezen Miller, with a brief instruction at the beginning of the meditation.

[Read more...](#)



SUTRA STUDY SUNDAY – GAYĀŚĪRṢA HILL AUGUST 4, 2024 @ 12:30PM

Join us as we explore the rich repository of Buddhist Sutras. Gayāśīrṣa Hill is a pithy Buddhist scripture that describes various aspects of the Mahāyāna Buddhist path.

[Read more...](#)



TULKU YESHI AUGUST 9-11, 2024

Come join us for an enlightening session of Green Tara Teachings with the esteemed Tulku Yeshe Rinpoche. Dive deep into the teachings of Green Tara and discover Tara's wisdom and compassion.

[Read more...](#)



RIME SANGHA HIKE CLIFF DRIVE AUGUST 17, 2024 @ 10AM

The Rime Sangha will be meeting up at Kessler Park for a hike through the park. We will be hiking the Cliff Drive trail system.

[Read more...](#)



PREPARING FOR THE REFUGE VOWS AUGUST 28, 2024 @ 7:30PM

This class is for anyone who is contemplating taking the refuge vows. Taking the refuge vows is generally considered to be the doorway to learning and incorporating the Buddhist tenets into one's life. [Read more...](#)

Festival Time In Kansas City

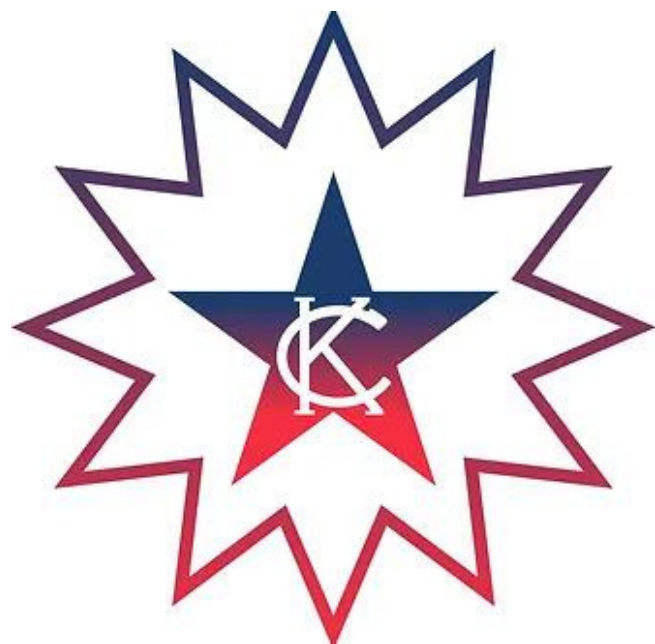
2024 Kansas City PrideFest

JUNE 7-9, 2024

The Rime Center will have a booth at this years 2024 Kansas City PrideFest. Stop by and say hi! We will have stickers and wristbands to hand out as well as information about Buddhism and the Rime Center. It will be located at Theis Park, 533 Emanuel Cleaver II Boulevard Kansas City, MO 64110.



If you would like to volunteer at the booth please contact Lama Matt.



If you would like to volunteer at the booth please contact Gabi Otto.

JuneteenthKC 2024 Heritage Festival

The Rime Center will have a booth at this years JuneteenthKC 2024 Heritage Festival. Stop by and say hi! We will have stickers and wristbands to hand out as well as information about Buddhism and the Rime Center. It will be located at 18th & Vine's historic jazz district.

If you are not yet a part of the Jindak Community, your support is crucial. Consider becoming a member by making regular monthly contributions. It is due to your generosity that we are able to continue to be a positive force in the community. Building a sacred place that is full of learning, reflection and joy.



Join Today!