



FALL | 2023

# THE RIME JEWEL

THE OFFICIAL NEWSLETTER OF THE RIME BUDDHIST CENTER



## NEW CORE CLASSES THIS FALL

**OCTOBER 28-30, 2022**

The Rime Center began offering core classes to its sangha in 2017. These classes were designed to teach the fundamentals of Tibetan Buddhism. This in-depth study was intended to provide a foundation of understanding that would support the sangha in their understanding of Buddhism. A benefit of this was that members of the Rime Sangha would be able to have a deeper understanding of the teachings of visiting teachers, allowing them to connect with and deepen their relationships with them. Unfortunately due to the Covid pandemic the core classes had been suspended.

The core classes are a three tiered structure. The first level are classes on the Basics of Buddhism and taking refuge. Once completed, refuge vows will be offered. The second tier will be a series of classes that will build on each other to lay a solid foundation of learning in the Tibetan Buddhist path. The classes will be focused on the Four Foundations of Mindfulness, the Four Immeasurables, and an Introduction to the Path of the Mahayana. Once completed lay ordination vows will be offered.

The third tier will be several classes focused on developing a further understanding the path of the Bodhisattva. The first will be our Bodhisattva Challenge. Once this is completed Bodhisattva vows will be offered. Then a class on the understanding valid cognition as well as a series of classes that will be focused on the four philosophical schools.

### IN THIS MONTH'S ISSUE:

**ABOUT TULKU YESHI RINPOCHE - 2**

**HOLIDAYS AT RIME - 3**

**ILLUMINATIONS - 4**

**UPCOMING EVENTS AND  
CLASSES - 7**

**37TH ANNUAL  
WORLD PEACE MEDITATION - 9**



*"If you study Phowa, then at the time when death is approaching you will have no despair. If beforehand you have become accustomed to the path of Phowa, then at the time of death you will be full of cheerful confidence" - Marpa Chökyi Lodrö*

## ABOUT TULKU YESHI RINPOCHE

Tulku Yeshe Rinpoche is a Dzogchen master and the reincarnation of Dzogchen Gyalt-sab Thodo Rinpoche. He received Tibetan Buddhism teachings and traditional Tibetan medicine from forty-five masters representing all five schools of Tibetan Buddhism.

Tulku Yeshe Rinpoche is a highly trained Lama with an authentic and powerful lineage. He gives teachings and empowerments extensively across North America as well as internationally.

Tulku Yeshe Rinpoche was recognized as the reincarnation of Dzogchen Gyalt-sab Thodo Rinpoche by H.H. Ky-abje Trulshig Rinpoche. In the summer of 2015, a famous Tibetan Terton in Kham, Tenchen Sangngag Lingpa, recognized him as one of the owners of the Terton's treasure Dharma, or Choe-Dag.

Rinpoche has written 14 books in Tibetan, ten of which have been published on the subject of Tibetan Buddhism, meditation, healing, and poetry. He has published three books in English: "A Modern Liberation Odyssey—An Autobiography of a Tibetan Nomad Lama", "Handbook for Half-Buddhas", and "Tibetan Zen". Rinpoche has recorded 5 CD's, including Tibetan Chod. He also writes novels, poetry for mind training and on how to enjoy life.

Tulku Yeshe Rinpoche is a true Rime teacher, having received teachings from all the Tibetan lineages. He has received many teachings from Nyingma masters, primarily from H.H. Trulshik Rinpoche, who received them from H.H. Dudjom Rinpoche and Dilgo Khyentse Rinpoche in an unbroken line of transmission going back to Padmasambhava in the eighth century. From the Sakya School, Tulku Yeshe received teachings from H.H. Sakya Trizin and H.H. Jigdal Dagchen Rinpoche, who had received the teachings from his father, Trichen Ngawang Thutob Wangchuk and from Dzongsar Jamyang Chokyi Lodro, each of whom had received the teachings from an unbroken lineage extending back to the Five Founder Lamas of the Sakya lineage. From the Kagyu School, Tulku Yeshe received teachings from many masters, including H.H. Seventeenth Karmapa, who had received teachings from H.E. Tagu Rinpoche, who had received teachings from the Sixteenth Karmapa in an unbroken lineage extending back to Gampopa, Milarepa, and Marpa.



In the Gelug School, Tulku Yeshe first received teachings from a Gelugpa Master, H.H. Lamo Yongzin Rinpoche, H.H. Gaden Tripa Lobsang Nyima, Drepung Tipa Tenba Tendzin, Lama Zopa Rinpoche, and many other Geshes. And from the Chod school, he received teachings from Dhetheng Shungdung Rinpoche, who received the teachings in an unbroken lineage going back to Machik Labdron. Tulku Yeshe received a second transmission of the Chod Teachings from Trulshik Rinpoche, who received the teachings in an unbroken lineage going back to Padmasambhava. He received a third Chod transmission from Lama Wangdu Rinpoche, who received them in an unbroken lineage reaching back to Machik Labdron and Padampa Sangye.

# Holidays at the Rime Center



## LHA BAB DÜCHEN

Nov 4, 2023 starting at 7:30am

Lha Bab Düchen, the 'Festival of the Descent from Heaven' is one of the the four Buddhist holidays. The Rime Center will be open during the day for you to come in and meditate at your own pace and time limit.

[Read more about the days events.](#)

## BODHI DAY

December 8, 2023 at 6pm

Bodhi Day is the Buddhist holiday that commemorates the day that Shakyamuni Buddha is said to have attained enlightenment, also known as bodhi in Sanskrit and Pali. Bodhi Day is observed in many mainstream Mahayana traditions.

[Read more about the days events.](#)



# Illuminations

A look back at the happenings at the Rime Center in Pictures



*Rime volunteers helped Lama Matt with the Rime Center's booth at this year's Kansas City Pride Festival. Pictured are Sergio Moreno and Nicole Miller.*

Rime Center's

Booth at the

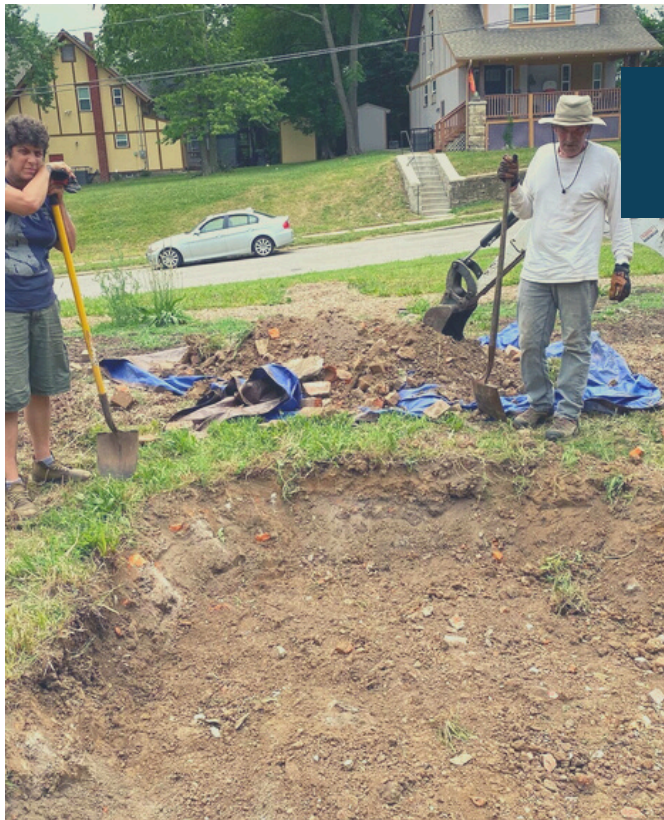
*Fanny Mandelberger talks to a festival goer about Buddhism and the Rime Center at the Rime Center's booth. It was wonderful to met so many people as Kansas City celebrated Pride month.*



KC Pride Fest



*Daniel Scharpenburg sits at the booth ready to give out brochures and flyers about the Rime Center. We also were giving out pride wrist bands and stickers.*



## Rime Center's

*The Rime Center is so grateful to the efforts of Jeff Yeckel who helped guide and build the lotus pond at the center of the meditation garden. He does work with the Watergarden Society of KC. When asked about why he helped put the lotus pond together, he said, " I thought it would be nice to include a lotus pond since the Buddha was so connected to the lotus plant".*

*We also want to thank our other volunteers, Gabi Otto, Nicole Esquibel, Andrea Duloc, and others for their help.*

*Volunteers help to clean up around the pond in the center of the meditation garden. Doug Pursley Andrea Duloc, Gabi Otto, Kelli Kibirige, Mark Albrecht, and Bryan Boring Van Unen.*



## Meditation Garden



## and Pond Dedication

*The Rime Center had a dedication ceremony of the meditation garden and pond. It opened with Bird Fleming and others with the Traditional Music Society playing purification and dedication drumming. Ven. Geshe Tsewang Thinley preformed prayers for the dedication.*

# Khentrul Lodrö T'hayé Rinpoche



*The Rime Center was honored to have Khentrul Lodrö T'hayé Rinpoche return to Kansas City to teach on his new book, "The Power of Mind". Having Rinpoche and his translator Paloma back in town was a real blessing. We had a full house at St Mark Hope and Peace Lutheran Church. Thank you to all the sponsors who made the event possible.*

*Pictures by Luke Townsend,  
IG is @luketownsendphoto*

*The Power of Mind provides the proven path of lojong, or mind training, for changing our experience from the inside out. We will be using his book for our next Bodhisattva Challenge in 2023.*



## The Power of Mind



## House Blessing

*Before he left Kansas City, Khentrul Lodrö T'hayé Rinpoche blessed the Rime Buddhist Center's new location.*

*Photo by Paloma Lopez Landry*

# Upcoming Events and Classes

The Rime Center's classes and events are available to EVERYONE. The classes have "Suggested Fees," however pay whatever you can afford for the class. Everyone is welcome! It is our hope that some will pay more to cover those who can't afford the usual fee. We simply want everyone to have access to these wonderful classes and events. All classes except the Meditation Workshop will be held online using Zoom.



2022 TABLE OF FAITHS  
SEPTEMBER 13, 2022 @ 5:30PM

Join Lama Matt & other interfaith participants for this year's Table of Faiths. Interfaith cooperation is key to a religiously diverse society and a just, kind, and pluralistic world. It's why Lama Matt and others are so passionate about interfaith dialogue. [Read more...](#)



RIME SANGHA HIKE  
WATKINS MILL STATE PARK  
SEPTEMBER 17, 2022 @ 10AM

The Rime Sangha will be meeting up at the Watkins Mill State Park for a socially distant hike through the park. We will be hiking the Watkins Mill Lake Loop. [Read more...](#)



THE FOUR IMMEASURABLES  
SEPTEMBER 21, 2022 @ 7:45PM

This class is a combination of study and application of loving-kindness, compassion, empathetic joy, and equanimity. Practices that open the heart and deepen our relationships to others. [Read more...](#)



ONLINE HALF-DAY  
MEDITATION RETREAT  
OCTOBER 1, 2022 @ 9AM

Designed to be accessible for all levels of learning, this retreat will focus on developing calm abiding. The retreat will also focus on releasing our ego clinging and training the mind in compassion through mindfulness meditation. [Read more...](#)



CIRCLE EXPERIENCE  
SANGHA COMMUNITY  
OCTOBER 2, 2022

A story sharing experience where all are equal and have uninterrupted opportunities to speak from the heart, while others listen from the heart, as the talking piece moves around the circle. The theme will be about sangha and community. [Read more...](#)



RIME SANGHA HIKE –  
TALLGRASS PRAIRIE  
NATIONAL RESERVE  
OCTOBER 15, 2022 @ 9AM

The Rime Sangha will conclude with a final hike at the Tallgrass Prairie National Preserve. It will be an all day outing since the park is about a two hour drive from Kansas City. [Read more...](#)

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## AMITABHA EMPOWERMENT AND PHOWA TRANSMISSION TULKU YESHI RINPOCHE OCTOBER 28-30, 2022

Rinpoche will give the Amitabha empowerment and give teachings on the practice of phowa. This event is open to everyone, but please consider being a sponsor for this retreat. [Read more...](#)



## DHAMMAPADA: THE SAYINGS OF THE BUDDHA NOVEMBER 2, 2022 @ 7:45PM

Join us as we explore this classic text of teaching verses from the earliest period of Buddhism in India. It conveys the philosophical and practical foundations of the Buddhist tradition. [Read more...](#)



## HALF DAY ZEN MEDITATION RETREAT NOVEMBER 5, 2022 @ 9AM

Join us for our Zen style retreat. The practice will consist of Zazen, seated meditation, and walking meditation. This event will be in-person and online. [Read more...](#)



## LHA BAB DÜCHEN NOVEMBER 15, 2022 @ 6:30PM

Lha Bab Düchen is one of the Buddhist holidays celebrating the Buddha's descent from Tushita Heaven. The Rime Center will be open during the day for you to come in and meditate at your own pace and time limit. [Read more...](#)



## ONLINE HALF-DAY MEDITATION RETREAT DECEMBER 3, 2022 @ 9AM

Designed to be accessible for all levels of learning, this retreat will focus on developing calm abiding. The retreat will also focus on releasing our ego clinging and training the mind in compassion through mindfulness meditation. [Read more...](#)



## BODHI DAY – ONLINE PUJA DECEMBER 8, 2022 @ 6PM

The Rime Center will be hosting a special online puja to celebrate Bodhi Day. The Buddhist holiday that commemorates the day that Shakyamuni Buddha is said to have attained enlightenment according to many mainstream Mahayana traditions. [Read more...](#)



# Upcoming Events and Classes

## 37th Annual World Peace Meditation

At noon Greenwich time, December 31, 1986, men, women, and children around the world gathered to participate in the most comprehensive prayer activity in the history – a planetary affirmation of peace, and love, forgiveness and understanding involving millions of people in a simultaneous global mind link. In 1986 Fred Culver of the World Center For Global Community began this tradition here in Kansas City where it has been held each year since.

The Rime Buddhist Center will host the 37th Annual World Peace Meditation, an interfaith gathering at St. Marks Hope and Peace Lutheran Church in Kansas City, MO.

DECEMBER 31, 2022

- 6:00 am - 7:00 am
- St. Marks Hope and Peace Lutheran Church
- 3800 Troost Ave, Kansas City, MO 64109



Join us as we gather to continue the work that Fred Culver and others around the world began. Affirming for the new year peace, love, forgiveness and understanding.

The program will consist of religious observances from various cultures and faith traditions including Native American smudging, Tibetan Buddhist chanting and meditation, Christian prayer, devotional music, and the Muslim “call to prayer.”